



INDOOR PLANTS

Swiss Cheese Plant

Monstera deliciosa

Monstera deliciosa, commonly known as the Swiss cheese plant or fruit salad plant, is a climber that can become a large specimen when grown in ideal conditions.

The broad leaves are heart shaped with holes and splits throughout, which is where the plant gets its common name. Younger leaves don't always form holes or splits, but with time they can become quite spectacular. Mature plants can flower, forming a creamy white spathe.

How to grow:

Monstera's can be grown in a bright position inside or a shaded position outdoors. Some direct winter sun and early morning summer sun is ideal. They will tolerate low light conditions indoors for a while but will usually become long and leggy if they go too long without regular sunshine. They appreciate warmth and humidity, so keep this in mind when choosing a spot for your plant.

They prefer their soil to dry out between watering during the cooler months but can be kept moist (without sitting in water) during the warmer months.

Monstera's can be grown in the ground or in pots. If space is an issue, grow your plant in a pot to keep it at a more manageable size. They can stay in the same pot for a long time, but due to their chunky roots they will need to be repotted periodically. When it's time to repot, pick a pot that is the next size up every time and use a premium potting mix with good drainage.

They will benefit from some liquid fertiliser during the warmer months.

Staking can be helpful to train the plant as a climber. If the plant gets too large it can be pruned back to a desirable size. A general dusting of the large foliage will be required every now and then if your plant is growing indoors.